

SIMPSON PRIMARY SCHOOL

SUN SMART

PURPOSE:

To

- Ensure all students and staff have some UV exposure for vitamin D
- Ensure all students and staff are well protected from too much UV exposure by using a combination of sun protection measures whenever UV levels reach 3 and above
- Ensure the outdoor environment is sun safe and provides shade for students and staff
- Ensure students are encouraged and supported to develop independent sun protection skills
- Support daily care requirements
- Support appropriate OHS strategies to minimise UV risk and associated harms for staff and visitors

BROAD GUIDELINES:

- Staff are encouraged to access the SunSmart UV Alert at sunsmart.com.au to find out daily local sun protection times to assist with the implementation of this policy.
- A combination of sun protection measures should be used for all outdoor activities from the beginning of Term 4 until May 1st and whenever UV levels reach 3 and above, the level that can damage skin and eyes.
- Families and visitors are encouraged to use a combination of sun protection measures (clothing, hats, sunglasses, sunscreen and shade) when participating in and attending outdoor school activities.

IMPLEMENTATION:

Shade

- A shade audit will be conducted regularly to determine the current availability and quality of shade.
- The school council will make sure there is a sufficient number of shelters and trees providing shade in the school grounds particularly in areas where students congregate eg. lunch, outdoor lesson areas and popular play areas.
- The availability of shade will be considered when planning excursions and all other outdoor activities.
- School Council will consider shade provision in plans for future buildings and ground development.
- Students will be encouraged to use available areas of shade when outside.
- Students who do not have appropriate hats or outdoor clothing will be asked to play in the shade or a suitable area protected from the sun.

Clothing

- School Uniform will include sun protective clothing. School clothing will be cool, loose fitting and made of densely woven fabric. It will include shirts with collars and longer sleeves, and longer style dresses.

Hats

- All students and staff will wear hats that protect their face, neck and ears, i.e. broadrimmed bottle green Simpson Primary School hats, whenever they are outside.
- Parents and any assistants with outdoor activities will wear appropriate hats.

Sunglasses (optional)

- If worn, sunglasses will be close fitting, wrap around glasses that meet the Australian Standard 1067 and cover as much of the eye area as possible.

Sunscreen

- Students will provide their own SPF 30+ broad spectrum, water resistant sunscreen
- Strategies will be in place to remind students to apply sunscreen before going outdoors.

Curriculum

- Programs on skin cancer and vitamin D will be included in the curriculum at all year levels.
- SunSmart behaviour will be regularly reinforced and promoted to the whole school community through newsletters, parent meetings, staff meetings, school assemblies, student and teacher activities and on enrolment.

Review

- The school council and staff will regularly monitor and review the effectiveness of the SunSmart policy and revise the policy when required.